

Day Menu - served between 12.30pm-5pm Monday - Saturday

SOUPS & SANDWICHES

Soup of the Day €6.00

(contains Celery, Milk – Bread served contains Gluten from Wheat)

Creamy Atlantic Seafood Chowder €7.00

(Contains Milk, Fish, Crustaceans, Celery, Sulphites)

Chicken and Bacon Caesar Salad €7.50

(Contains Wheat, Eggs, Milk, Fish, Mustard, Sulphites)

Crispy Bacon, Garlic Croutons, Parmesan Shaving

Crumbled Fivemiletown Goats Cheese Salad €8.00

Olives and Tomatoes, Mature Balsamic (Contains Milk, Sulphites)

Replace Goats Cheese with Vegan Feta Cheese (Optional)

Tossed Mango Salad €8.00

Caramelized Mango Dressing and Salsa, Goji Berries (Contains: Sulphites)

Add Slow Roast Chicken Fillet €3.50

(Contains: Milk)

Avocado and Poached Egg €8.00

Baby Leaf, Guacamole and Toasted Seeds (Contains Egg, Sulphites)

SANDWICHES & TOASTED SANDWICHES €6.00/€7.00

Available upon request (Gluten Free /Diary Free available on request)

SELECTION OF GOURMET SANDWICHES

Served with a Side Salad

Smoked Salmon on Homemade Brown Bread served with Cream Cheese €9.50

Pickled Cucumber & Watercress (Contains Milk, Sulphites, Fish, Mustard, Pumpkin Seeds, Wheat)

Sour Dough Club Sandwich with Chicken, Smoked Streaky Bacon €8.95

Tomato, Baby Gem Lettuce & Mayo (Contains Egg, Milk, Sulphites, Mustard, Wheat)

Chicken Caesar Bap €8.95

(Contains Wheat, Milk, Fish, Eggs, Mustard, Sulphites)

Smoked Rasher, Caesar Yoghurt Dressing and Baby Gem in a Soft Bap

Toasted Feta Cheese and Roast Vegetable Wrap €7.95

Rocket and Pesto with Vegan Feta Cheese (Contains Wheat, Mustard, Pine Nuts and Sulphites)

Ciabatta of Pulled Pork & BBQ Sauce €8.50

Scallion and Wholegrain Mustard (Contains Wheat, Milk, Egg, Celery, Mustard, Sulphites)

Slow Roast Chicken & Mango Wrap €8.95

Baby Leaf and Baby Gem (Contains Wheat, Milk, Sulphites, Mustard)

Panini of Turkey and Smoked Streaky Bacon €8.95

Emmental Cheese, Romaine Lettuce, Fresh Herb Mayo (Contains Milk, Sulphites, Mustard, Wheat)

HOT DISHES

Deep Fried Fillet of Cod €15.00

Craft Beer & Herb Batter, Tartar Sauce and French Fries (Contains: Wheat, Milk, Fish, Mustard, Sulphites)

Homemade Beef & Pork Belly Burger €15.00

Smoked Rasher, Thousand Island Dressing, French Fries (Contains: Eggs, Milk, Wheat, Mustard, Soya, Sulphites)

Bangers & Mash €13.00

Guinness & Leek Sausages, Caramelized Onion, Gravy, Creamed Potato (Contains: Milk, Sulphites, Gluten)

Vegan Cauliflower & Curry Burger €13.00

Vegan Cheddar Cheese and Relish, French Fries (Contains: Milk, Sulphites)

SIDE ORDERS

Sweet Potato Fries (Contains Wheat, Soya) €4.00

Portion of French Fries (Contains Wheat, Soya) €4.00

Side Salad (Contains Mustard) €4.00

DESSERTS

Cheesecake of the Day (Contains Milk, Eggs, Wheat, Nuts) €6.50

Warm Apple & Cinnamon Crumble (Contains Nuts, Milk, Eggs, Wheat) €6.50

Selection of Ice Cream (Contains Milk, Wheat, Eggs, Nuts) €6.50

Warm Chocolate & Hazelnut Brownie (contains Milk, Wheat, Nuts, Eggs) €6.50

Mixed Berry Roulade (Contains Milk, Eggs, Nuts) €6.50

HOT BEVERAGES

Tea €2.50

Herbal Tea (please ask for our selection) €2.70

Americano €2.50

Latte €3.50

Cappuccino €3.50

Espresso €2.60

Homemade Fruit Scones served with Clotted Cream & Preserves €3.00

Our Day menu is served between 12pm-5pm Monday – Saturday

All chicken and pork are sourced from within Country of Origin Ireland.

Any of the above food choices may contain traces of any of the 14 Allergens. Please inform your server of any dietary requirements.