

Day Menu

SOUPS & SALADS

Soup of the Day

(Contains Celery, Milk – Bread served contains Gluten from Wheat)

€6.50

Creamy Atlantic Seafood Chowder

(Contains Milk, Fish, Crustaceans, Celery, Molluscs, Sulphites)

€8.50

Chicken and Bacon Caesar Salad

Crispy Bacon, Garlic Croutons, Parmesan Shaving

(Contains Wheat, Eggs, Milk, Fish, Mustard, Sulphites)

€9.50

Smoked Salmon & Avocado Salad

Arugula, Baby Capers, Toasted Sour Dough, Lemon & Dill Crème Fraiche

(Contains: Milk, Sulphites, Mustard, Wheat, Fish, Egg)

€13.50

Vegan Super Food Salad

Grilled Broccoli Stem, Roast Butternut Squash, Quinoa, Cos Lettuce, Red Cabbage,

Coconut Yoghurt, Avocado, Sesame (Sulphites, Sesame)

€12.50

SELECTION OF GOURMET SANDWICHES

Served with a Side Salad

Marmite-Battered Fried Fish Sandwich

Caper & Gherkin Mayonnaise, Watercress, Flourey Bap

(Contains Milk, Sulphites, Fish, Mustard, Wheat, Egg)

€12.95

Club Sandwich with Chicken, Smoked Streaky Bacon

Tomato, Baby Gem Lettuce & Mayo (Contains Egg, Milk, Sulphites, Mustard, Wheat)

€10.95

Goats Cheese & Smashed Chick Pea Spinach Wrap

Kalamata Olives, Roasted Red Peppers (Contains Wheat, Mustard, Milk, Sulphites)

€10.95

Bombay Spiced Chicken Wrap

Red Onion, Tomato, Pickles, Baby Gem, Sweet Chilli Mayo

(Contains Eggs, Milk, Wheat, Mustard)

€10.95

Vegan Burrito

Chipotle Sauce, Brown Rice, Black Beans, Guacamole, Tomato Salsa

(Wheat, Mustard, Sulphites, Nuts)

€10.95

Grilled Chicken, Tomato & Smoked Streaky Bacon Panini

Mozzarella Cheese, Roast Pepper Relish, Basil Pesto

(Contains Wheat, Mustard, Milk, Sulphites, Nuts)

€10.95

Add Sliced Avocado €2.00

HOT DISHES

Deep Fried Fillet of Cod €18.00

Craft Beer & Herb Batter, Tartar Sauce and French Fries
(Contains: Wheat, Milk, Fish, Mustard, Sulphites)

Homemade Beef or Cajun Chicken Burger €18.00

Smoked Rasher, Thousand Island Dressing, French Fries
(Contains: Eggs, Milk, Wheat, Mustard, Soya, Sulphites)

Vegan Smoky Tempeh Burger with Black Beans and Mushrooms €16.00

Avocado, Baby Gem Lettuce & Tomato Relish, French Fries (Contains: Sulphites)

Vegan Korma €17.00

Basmati Rice, Coriander & Garlic Naan Bread, Popadom

Add Prawns €4.00

Add Chicken €3.00

(Contains: Sulphites, Wheat, Nuts: Cashew)

SIDE ORDERS

Sweet Potato Fries (Contains Wheat, Soya) €5.50

Portion of French Fries (Contains Wheat, Soya) €4.00

Side Salad (Contains Mustard) €4.00

Roast Mediterranean Vegetables €4.00

Onion Rings €4.00

DESSERTS

Cheesecake of the Day €7.50

(Contains Milk, Eggs, Wheat, Nuts; Almonds)

Warm Apple & Rhubarb Crumble €7.50

(Contains Nuts: Almonds, Milk, Eggs, Wheat)

Selection of Ice Cream €7.50

(Contains Milk, Wheat, Eggs, Nuts: Almonds)

Warm Sticky Toffee Pudding €7.50

(Contains Milk, Wheat, Nuts: Almonds, Egg, Sulphites, Soya)

Our Day menu is served between 1pm- 4pm daily. All chicken and pork are sourced from within Country-of-Origin Any of the above food choices may contain traces of any of the 14 Allergens. Please inform your server of any dietary requirements.

We are unable to spilt bills for parties of 6 or more guests